

Seek Christ in Every Thought

General Conference
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Of the Quorum of Twelve Apostles

Summary

Fighting against temptation take a lifetime of diligence and faithfulness. But please know that the Lord is ready to assist us.

Ensign November 2020

Introduction

- What is your response to Psalm 139:1-3?
 - How do you know that the Savior knows you personally?
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Alignment

- To you, what does “standing fast in the Lord” mean?
 - How do we achieve this spiritual alignment with Christ?
 - Is this alignment like living in a bubble? Why is that good or bad?
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Temptation

- What happens when we allow evil thoughts to stay?
- Elder Soares mentions specific results of not resisting temptation. What are they?
- Why does Elder Soares’ magnet analogy ring true?
- What are some ways we can replace an evil thought with a righteous idea?
- How fast do we need to react? Why?
- How do we adjust our minds and hearts to divine principles?
- How does the choice of media, books, music, and friends play into our desires?
- When it comes to “our mortal inclinations,” why is “reliance on the Savior” so important?
- Elder Soares refers to when Joseph Smith and others were in Liberty Jail and the counsel they received to control their thoughts. What was the counsel? How can we apply our lives today?

Lust

- How can we be “consumed with lust”?
- How does Elder Soares define lust?
- If we allow lust to control our thoughts and actions, what is the possible outcome?
- Why is lust a useful tool for Satan?
- Is lust ever a good thing? Why not?

Promises

- What are the promises Elder Soares mentions when we “rely upon the rock of salvation, the Savior of our souls, and follow Moroni’s counsel”?
- How would such promises make mortal life easier?

There is a way back

- Why is there always a way back from “dwelling upon unrighteous actions”?
- What can we learn from the member’s experience?
- Why does it take a person to wake up from their nightmare before they can start back?
- What does feeling the Savior’s redeeming love for you mean?
- How can we apply President Spencer W. Kimball’s counsel?
